

FREE ONLINE RESOURCES TO HELP MAKE QUARANTINE A LITTLE LESS ISOLATING
MARCH 30, 2020

MUSEUMS, CITY TOURS AND VIRTUAL FIELD TRIPS AROUND THE WORLD

- Smithsonian Institute (All Museums, the National Zoo, libraries, arts, etc.) <https://www.si.edu/>
- [Smithsonian National Museum of Natural History](#) (Virtual Tour) and [Educational Resources](#)
- Google Arts & Culture (museum/city tours, games, etc.) <https://artsandculture.google.com/?hl=en>
- Museum visits from around the world <https://www.cbsnews.com/news/coronavirus-culture-guide-for-socially-distanced-art-lovers/?ftag=CNM-00-10aab6i&linkId=85175966>

PERFORMING ARTS

- The Kennedy Center Digital Stage-on stage <https://www.kennedy-center.org/digitalstage/>
- [76 free musicals and plays you can stream online](#)

ZOOS

- San Diego Zoo <https://kids.sandiegozoo.org/>
- Houston Zoo Animal Cams <https://www.houstonzoo.org/explore/webcams/>

STORIES, BOOKS, AUTHORS AND ACTIVITIES

- Lunch Doodles with Mo Willems WEEKDAYS at 1pm EST (author of The Pigeon series, Elephant & Piggie and Knuffle Bunny) <https://www.kennedy-center.org/education/mo-willems/>
- Scholastic Home Base - Interact with artists & books! <https://kids.scholastic.com/kids/home/>
- [The Spanish Experiment: Spanish Children's Stories](#)

FITNESS

- Down Dog - Free Yoga and other Fitness for Beginners and up <https://www.downdogapp.com/>
- Planet Fitness Home Work-Ins Daily Live Stream <https://www.facebook.com/planetfitness/>

JUST FOR FUN!

- Fred Astaire Dance Studio Online Dance Lessons <https://www.fredastaireonlinelessons.com/>
- Boy Scouts of America Scouting at Home <https://www.scouting.org/scoutingathome/>
- Discovery Education <https://www.discoveryeducation.com/>

EDUCATION SPECIFIC RESOURCES

- Outschool Online Classes and lots of resources <https://outschool.com/>
- Khan Academy Academic Resources for Every Subject and Every Grade <https://www.khanacademy.org/>
- College Board – Free AP Online Lessons, SAT Practice Tests and other resources for high school students
- to prepare for higher education <https://www.collegeboard.org/>
- Class Central – Thousands of Free Online Ivy League Courses <https://www.classcentral.com/>
- [Harvard, MIT, UC Berkeley Give Free Tutoring to K-12 Students](#)
- [10 University Art Classes You Can Take for Free Online](#)